

# STEP UP SIGVARIS

## Round 3 Quiz

Visit [www.sigvaris.ca](http://www.sigvaris.ca) to download the quiz booklet, then select your answers and return this completed form to us by fax: 1-800-263-8736. The top-scoring 50 respondents will receive a prize. Round 3 quiz forms must be received by **December 31, 2009** to be eligible for prizes!

**Return this completed form by fax or mail to:**  
STEP UP SIGVARIS 2009, 1-800-263-8736

### Want to learn more?

We offer 1-Day Fitter Training Seminars on medical knowledge, fitting techniques and compression therapy product information.

Yes, please contact me with fitter seminar information.  No, I'm not interested at this time.

**1st Prize Choice** (please circle one): **01 02 03 04 05 06** | **2nd Prize Choice\*** (please circle one): **01 02 03 04 05 06**

*\*Second choice will be mailed if first choice is unavailable.*

### 1. Varicose veins are caused when:

- a. valves in the veins become damaged and do not close properly.
- b. high pressure in the vein results in reverse flow or "reflux"
- c. arteries develop a build up of plaque
- d. A and B
- e. A and C

### 2. Sclerotherapy treats primarily:

- a. spider veins
- b. reticular veins
- c. small varicose veins
- d. All of the above

### 3. Following sclerotherapy, what compression level stockings are usually prescribed?

- a. 15-20 mmHg
- b. 20-30 mmHg
- c. 30-40 mmHg
- d. 40-50 mmHg

### 4. Following EVLT, radio frequency ablation and phlebectomy, what compression level stockings are usually prescribed?

- a. 15-20 mmHg
- b. 20-30 mmHg
- c. 30-40 mmHg
- d. 40-50 mmHg

### 5. Which style compression garment is used post-procedure?

- a. calf length
- b. thigh high or pantyhose
- c. ankle sock
- d. maternity

### 6. Wearing compression post-procedure:

- a. aids healing
- b. reduces bruising and tenderness
- c. aids in re-routing blood flow
- d. all of the above

### 7. EVLT stands for:

- a. Early Vein Laser Treatment
- b. Each Vein Lacks Transparency
- c. Elevate Veins Like This
- d. Endovenous Laser Therapy

### 8. You should be able to resume daily activities immediately following most varicose vein procedures.

- a. True
- b. False

Your Full Name: \_\_\_\_\_

Company Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

2009 STEP UP Grand Prize winners will be announced in January, 2010... *stay tuned!*

### 9. The Athletic Recovery Sock:

- a. promotes lactic acid flush-out
- b. features Dri-release® yarn
- c. offers true graduated compression
- d. all of the above

### 10. Athletic Recovery Sock sizing fits women's shoe sizes 5-15 and men's shoe sizes 6.5-17:

- a. True
- b. False

### 11. Athletes can learn more about SIGVARIS compression therapy products at:

- a. [www.sigvarisusa.com](http://www.sigvarisusa.com)
- b. [www.athleticrecoverysock.com](http://www.athleticrecoverysock.com)
- c. both A and B

### 12. EverSheer Medical Compression Hosiery for Women features:

- a. 20-30 mmHg compression
- b. PFS™ Sizing System
- c. Three colors currently
- d. all of the above

### 13. Graduated compression stockings are universally recommended for both non-surgical and surgical treatment of telangiectasias (reticular & spider leg veins), and the removal of smaller varicose veins.

- a. True
- b. False

### 14. EverSheer is the only product in its class to deliver consistent sheerness from ankle through thigh:

- a. True
- b. False

### 15. How would you describe the benefits of compression therapy to an athlete?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Are you interested in learning more about EverSheer or the Athletic Recovery Sock?  Yes  No

If yes, should a Sales Representative Contact you?  Yes  No